

Allendale 8 & Fun Run

(held in conjunction with the Allendale Fair)

Bring the whole family for a great day out

Saturday 5 June 2010

A scenic 7.7mile course through an area of outstanding natural beauty
Undulating. Suitable for all runners

Plus a junior 1mile fun run at 1pm (Goody bag included)

Main Race 2pm



Registration: St Cuthbert's Church Hall from 12 noon

Start and Finish: Allendale Village Market Square

Presentation: Marque in the Market Square

Awards: Open Male, Open Female, Team and Veteran
(no runner may claim more than one individual prize)
First local man & woman

Commemorative technical T-shirt (RRP £9.99)
for all main race all entrants

Parking: Ample parking about 1/2 mile from start. Park and Ride available
Follow signs to the car park - **Please do NOT travel through the village**

Facilities: Limited changing Secure baggage area provided

Contact: Brendon Jackson (allenvstriders@aol.com)

Or visit www.allenvalleystriders.co.uk

Permit Number Pending (Held under ARC Rules)